

www.birthingbetter.com

PREGNANT?

Birthing Better with The Pink Kit Method®

Want the best skills for your coming birth?

Purchase the Pink Kit Package: DVD, 2 audio CDs plus 4 PDF books

- Learn skills in the comfort of your home for ANY birth situation.
- Prepare your pregnant body to become a birthing body for a Home, Hospital, Cesarean, or VBAC birth.
- Bond better as a family as you work together with your baby's efforts to be born.
- Take these skills forward into parenthood!
- **Learn how to work as a great team to help your baby be born.**
- **Discover how good breathing, communication and touch skills can keep you focused.**
- **As a father-to-be, friend or relative, you'll learn ways to see and hear when to help the birthing woman and know HOW to help.**
- Learn the secret to managing labor pain...even if you don't like it.
- Learn how to use your Birthing Better skills in each of the three types of births women have today.
- Having a non-laboring Cesarean? No problem. Use your skills on your way to the hospital, being prepped and during the birth.
- Your efforts will pay off. You'll birth better even if you don't have the birth you plan or want.



Purchase today: \$80 for the complete Pink Kit Package

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